



Sanjeevani Multipurpose Foundation's
Dr. Deepak Patil Ayurvedic Medical College & Research Center

Borpadale Phata (Nebapur), Kolhapur-Ratnagiri Road, Tal- Panhala, Dist. Kolhapur, Pin - 416213, Maharashtra State, India.

Ph. No. 9132039595 Website: www.dpayurvediccollege.com Email: dr.deepakpatilayu@gmail.com

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**Report on One-Day Educational Visit to Panhala Fort Region for Forest Plant
Demonstration**



Introduction

The **Dravyaguna Department** of Dr. Deepak Patil Ayurvedic Medical College, Borpadale, Kolhapur organized a one-day **educational visit to the Panhala Fort region** on 18-08-2025.

The main objective of the visit was to provide practical exposure to the **identification and medicinal significance of forest plants** as part of the BAMS Second Year syllabus.

Objectives of the Visit

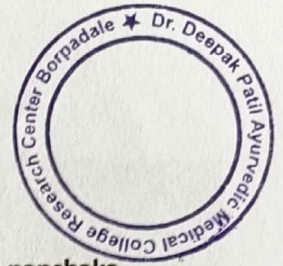
- To study **morphological features** and **identification techniques** of medicinal plants in their natural habitat.
- To understand the **practical application** of Dravyaguna principles by observing live plants.
- To inculcate **interest and curiosity** in students about Ayurvedic herbal resources and conservation.

Demonstration of Medicinal Plants

During the visit, more than **50 species of medicinal herbs** were demonstrated and described in detail. Prominent plants studied include:

- **Kampillaka** (*Mallotus philippinensis*)
- **Kutaj** (*Holarrhena antidysenterica*)
- **Dhanvan** (*Baliospermum montanum*)
- **Madanphal** (*Randia dumetorum*)
- **Suran** (*Amorphophallus campanulatus*)
- **Patha** (*Cissampelos pareira*)
- **Patalgarudi** (*Trichosanthes dioica*)
- **Bhallataka** (*Semecarpus anacardium*)
- **Mandukparni** (*Centella asiatica*)

- Hansapadi (*Adiantum lunulatum*)
- Vidang (*Embelia robusta*)
- Ashoka (*Saraca asoca*)



Each plant was explained with respect to **botanical identification, habitat, rasa-panchaka (Ayurvedic properties), and therapeutic uses.**

Faculty Guidance

The session was effectively conducted by:

- **Dr. Vitthal Patil Sir**, HOD, Dravyaguna Department
- **Dr. Sevagra Sharma Sir**, Assistant Professor, Dravyaguna Department

They elaborated upon the **clinical importance of herbs** and guided students to develop observational skills for plant identification in the field.

Student Participation and Experience

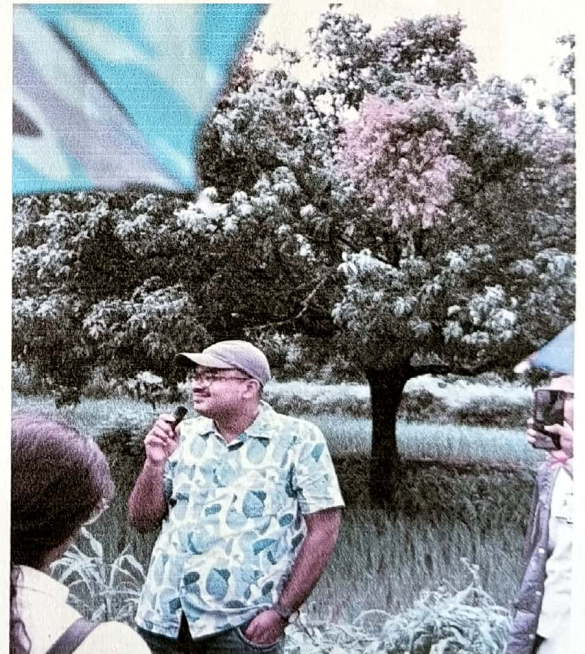
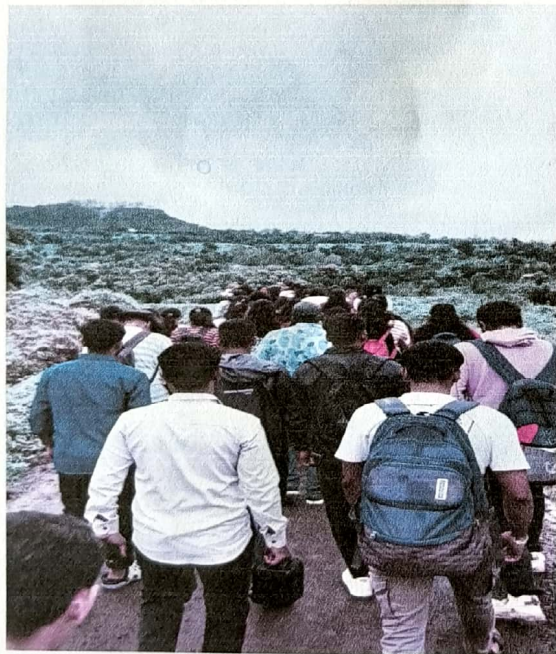
The **Second Year BAMS students** actively participated in the field demonstration. They explored the rich biodiversity of the **Panhala Fort forest region** and acquired first-hand knowledge of medicinal herbs.

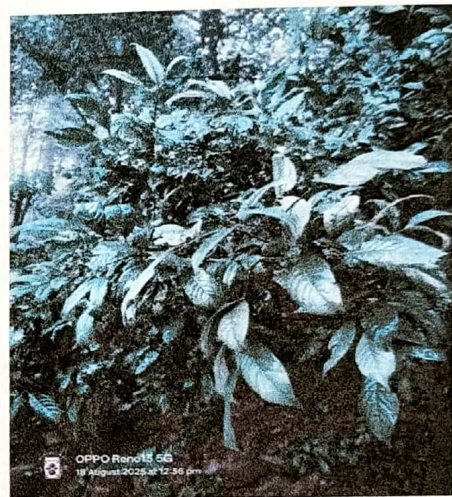
Apart from the academic enrichment, students enjoyed the **natural, foggy, and pleasant atmosphere** of Panhala, which made the learning experience more lively and memorable.

Conclusion

The **one-day educational visit** to Panhala Fort proved to be highly successful and beneficial for students. It strengthened their **practical understanding of Dravyaguna**, fostered appreciation towards medicinal plant wealth, and encouraged them to apply their classroom knowledge in real-life contexts.

Such field visits serve as a valuable link between **theory and practice**, inspiring students to continue their Ayurvedic studies with enthusiasm and deeper insight.





Dr. Deepak Patil
Head of Department
Contraception
 Dr. Deepak Patil Ayurvedic Medical College
 + Research Center Borpadale Phata, Tal. Panhala,
 Dist. Kolhapur-416 213



Dr. Deepak Patil
Principal
 Dr. Deepak Patil Ayurvedic Medical College
 + Research Center Borpadale Phata, Tal. Panhala
 Dist. Kolhapur-416 213